

Psychology Texts

**For: M.A Students on Clinical Child
and Adolescents Psychology**

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Avaye Noor Publication
Tehran, Iran

۲۰۱۹

سرشناسه	: کمرزین، حمید، ۱۳۴۹ - Kamrzarien, Hamied
عنوان و نام پدیدآور	: Psychology texts: for M.A students on clinical child and / by Hamid Kamar Zarin, adolescents psychology
مشخصات نشر	: Monirosadat Hosseini. تهران : آوای نور، ۱۳۹۷ = ۲۰۱۹ م.
مشخصات ظاهری	: ۲۲۴ ص.
شابک	: ۹۷۸-۶۰۰-۳۰۹-۴۵۳-۶
وضعیت فهرست نویسی	: فیپا
یادداشت	: انگلیسی.
آوانویسی عنوان	: سایکالاجی تکستس...
موضوع	: زبان انگلیسی -- کتاب‌های قرائت -- روان‌شناسی بالینی
موضوع	: English language -- Readers -- Clinical psychology
موضوع	: زبان انگلیسی -- راهنمای آموزشی (عالی)
موضوع	: English language -- Study and teaching (Higher)
۸۰۰ اف ۸۰۰ ۸	:



متون تخصصی زبان

(دانشجویان ارشد رشته روان‌شناسی بالینی کودک)

تألیف: دکتر حمید کمر زین - دکتر منیر السادات حسینی

انتشارات: آوای نور

چاپ اول ۱۳۹۸

تیراژ: ۵۰۰ جلد

شابک: ۹۷۸-۶۰۰-۳۰۹-۴۵۳-۶

تهران: خیابان انقلاب - خیابان ۱۲ فروردین - خیابان وحید نظری - پلاک ۹۹

تلفن: ۶ - ۶۶۹۶۷۳۵۵ / نمابر: ۶۶۴۸۰۸۸۲

کلیه حقوق برای ناشر محفوظ است

قیمت ۳۰۰۰۰ تومان

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PREFACE

The Handbook of Child and Adolescent Clinical Psychology is a comprehensive, thorough and practical guide to modern child and adolescent clinical psychology. It covers all central concerns for practitioners in a single manual, including: conduct problems, emotional problems, learning disabilities, child protection, somatic illness, major depression, suicide, drug abuse, schizophrenia, divorce, foster care, and bereavement.

This volume has been written as a core textbook in the practice of clinical child and adolescent psychology for postgraduate psychology students who are undertaking a professional training program in clinical psychology. The aim has been to offer an overall set of conceptual frameworks for practice and then to cover most of the problems commonly encountered in clinical work with children and adolescents. The approach is multi-systemic in so far as it rests on the assumption that children's psychological problems are most usefully conceptualized as being nested within multiple systems including the child, the family, the school and the wider social network. It is also multi-systemic in so far as it assumes that assessment and intervention must address the systems relevant to the maintenance of the particular problem with which the child presents. Ecological models of child development and family-based intervention strategies have been a particularly strong influence on the development of this approach. The approach is developmental because it takes account of the literature on individual lifespan development, developmental psychopathology, and the family lifecycle. The approach is pan-theoretical in so far as it rests on an acceptance that useful solutions to youngsters' difficulties may be developed by considering them in the light of a number of different theoretical

perspectives rather than invariably attempting to conceptualize them from within a single framework or theoretical model. Biological, behavioral, cognitive, psychodynamic, stress-and-coping, family systems, ecological and sociological theories are the main conceptual frameworks considered within this approach. This book is divided into three sections: The first chapter provides the conceptual models human behaviors followed by general clinical psychology foundations and introduction to training issues in clinical child and adolescents. Chapter two represents theoretical models and approaches of clinical child and adolescent's psychology. Chapter three deals with some clinical problems of early and middle childhood and adolescents followed each one by assessment and treatment guidelines in brief. The extended and developed version of the book is under revision and preparation by the authors.

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